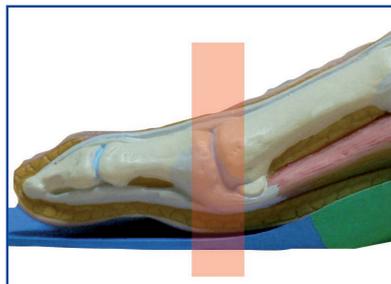


ICB ORTHOTICS SIZE GUIDE

When fitting a $\frac{2}{3}$ length device, position the orthotic against the foot (with the patient in supine). The distal edge of the correct size orthotic will sit 5-10mm behind the bisection of 1st MTPJ, as this will allow for patient toe off and avoid impinging the sesamoids. If the distal edge (and distal arch contour) of the orthotic extends beyond the bisection of the 1st MTPJ, this incorrect sized orthotic may cause the patient to develop Sesamoiditis or inflammation of the sesamoids, causing pain and discomfort.



XXL	XXL
XL	XL
L	L
M	M
S	S
XS	XS
J	J
SJ	SJ
K	K
T	T
I	I

Measure 5mm proximal from 1st MTPJ



Check scale: 2cm

